

ORGANISING COMMITTEE

Dr. Narcís Cardoner-Álvarez **Dr. Luis Sánchez-Planell** (chair)
Dr. Crisanto Díez **Dr. Eduard Vieta**

FACULTY / PONENTES

- **Michael Berk.** NHMRC Senior Principal Research Fellow. Alfred Deakin Professor of Psychiatry, School of Medicine, Deakin University, Australia.
- **Veerle Bergink.** Director of Women's Mental Health Program. Professor. Department of Psychiatry. Icahn School of Medicine at Mount Sinai. New York, USA.
- **Christoph Correll.** Professor of Psychiatry and Molecular Medicine. Hofstra University, NY, USA, and Charité Universitätsmedizin Berlin, Berlin, Germany.
- **Pim Cuijpers.** Professor of Clinical Psychology, Vrije Universiteit Amsterdam, The Netherlands.
- **Katharina Domschke.** Full Professor and Chair, Department of Psychiatry, University of Freiburg, Germany.
- **Paolo Fusar Poli.** Professor of Preventive Psychiatry, King's College London, UK and Associate Professor of Psychiatry University of Pavia, Italy.
- **Antoni Gual.** Grup Recerca Addiccions Clínic - Emeritus Researcher. IDIBAPS. Hospital Clínic. Barcelona, Spain.
- **Maria Iglesias-González.** Main official affiliation: Consultant Psychiatrist and Head of the Consultation-Liaison Psychiatry Unit at Hospital Universitari Germans Trias i Pujol. Barcelona, Spain.
- **Kamilla Miskowiak.** Professor of Cognitive Neuropsychiatry. University of Copenhagen, Denmark.
- **Robin M. Murray.** Institute of Psychiatry, Psychology and Neuroscience, London, UK.
- **Rafael Penadés.** Clinical Psychologist. Hospital Clínic, Barcelona, Spain.
- **Brenda WJH Penninx.** Professor at the Department of Psychiatry, Amsterdam UMC, Vrije Universiteit, Amsterdam, The Netherlands.
- **Gisela Sugranyes.** Senior Specialist, Department of Child and Adolescent Psychiatry and Psychology, Institute of Neuroscience, Hospital Clínic. Barcelona, Spain.



SECRETARIAT

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CREDIT RECOGNITION



The **28th International Symposium on Controversies in Psychiatry** has been accredited by the European Accreditation Council for Continuing Medical Education (UEMS-EACCME[®]) with **xx European CME credits** (ECMEC[®]s)



The symposium has been accredited with **xx credits** by the Consell Català de Formació Continuada de Professions Sanitàries - Commission for Continuing Education of the National Health System, with file 09/026847-MD

Applied for both onsite & online events

Please visit our website for further information

www.ControversiasBarcelona.org

VENUE

Auditori AXA. Av. Diagonal, 547. 08029 Barcelona (Spain)

SCIENTIFIC ENDORSEMENT



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Continuing Education Program



Complement your educational schedule by suggesting your residents/trainees the talks on a REGULAR and PLANNED basis during the academic year.

- Packaged discounts for professional training programs.
- To be acquired by Hospitals & Universities.
- Target audience: PSYCHIATRY TRAINEES, RESEARCHERS, PROFESSORS and STUDENTS of mental health educational or training programs.
- 61 talks from by some of the best world specialists in their field from our Symposia of the 2019, 2018, 2017 and 2016 editions.
- HD video streaming talks in English language.



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International Symposium on Controversies in Psychiatry

THE CHALLENGE OF PREVENTION

September 16th-17th

2021

BARCELONA, SPAIN & LIVE VIDEO STREAMING

SCIENTIFIC PROGRAMME



www.ControversiasBarcelona.org

Thursday, September 16th



15:00-15:15 **Opening ceremony**
Prof. Antoni Bulbena (ES)

ROUND TABLE 1. Anxiety and stress-related disorders

Chair: Sir Robin M. Murray (UK)

15:15-15:30 **Table presentation**

15:30-16:15 **Targeted prevention of anxiety disorders**
Katharina Domschke (DE)

16:15-17:00 **The intergenerational transmission of stress and resilience**
Brenda W.J.H. Penninx (NL)

17:00-17:30 **Discussion**

17:30-18:00 **Coffee break**

ROUND TABLE 2. Addictions

Chair: Marta Torrens (ES)

18:00-18:15 **Table presentation**

18:15-19:00 **Can we prevent psychosis? Cannabis use: the most important target**
Sir Robin M. Murray (UK)

19:00-19:45 **Prevention of substance abuse in mental health settings**
Antoni Gual (ES)

19:45-20:15 **Discussion**

Friday, September 17th



ROUND TABLE 3. Affective disorders

Chair: Maria Iglesias-González (ES)

09:00-09:15 **Table presentation**

09:15-10:00 **Primary prevention and early interventions for depressive and anxiety disorders**
Pim Cuijpers (NL)

10:00-10:45 **Suicide behaviour in times of social isolation and loneliness**
Gill Zalsman (IL)

10:45-11:15 **Coffee break**

11:15-12:00 **Interventions for preventing cognitive impairment in affective disorders**
Kamilla Miskowiak (DK)

12:00-12:45 **Diet, nutrition, and physical activity in the prevention of mental disorders**
Michael Berk (AU)

12:45-13:45 **Discussion**

13:45-15:15 **Lunch**

ROUND TABLE 4. Psychotic disorders

Chair: Gisela Sugranyes (ES)

15:15-15:30 **Table presentation**

15:30-16:15 **Prevention of psychosis in children and adolescents**
Christoph Correll (USA)

16:15-17:00 **Tertiary pharmacological prevention for psychosis**
Paolo Fusar-Poli (UK)

17:00-17:30 **Coffee break**

17:30-18:15 **Cognitive remediation and improving social skills as a tertiary prevention for psychosis**
Rafael Penadés (ES)

18:15-19:00 **Prevention of mental disorders during pregnancy and the postpartum period**
Veerle Bergink (USA)

19:00-20:00 **Discussion**

20:00-20:30 **Closing ceremony and awards**

SYMPOSIUM ON-SITE REGISTRATION FEES

	Until March 31 st , 2021	Until July 30 th , 2021	From July 31 st , 2021
REGULAR FEE: Psychiatrists, Physicians, Lawyers... (countries A)	500 €	550 €	600 €
Psychiatrists, Physicians, Lawyers... (countries B)	370 €	410 €	450 €
Residents / Psych. Trainees	290 €	320 €	350 €
Psychologists, social workers, nurses & researchers (no-physicians)	240 €	270 €	300 €

VAT included

Country lists A & B countries are defined according to the World Bank Country Classification (www.ControversiasBarcelona.org/countries)

Countries list A = High income countries according to WBCC

Countries list B = Rest of countries

VIDEO STREAMING REGISTRATION FEES

Webinar in Live streaming + Recorded 2021-2016	250 €
Recorded Webcasts. Symposia 2020-2016	150 €

VAT included

ACCOMMODATION

The organization has rooms reserved in various hotels of different categories near to the venue. Visit the website to obtain further information

REGISTRATION & BOOKING

To register for the symposium and/or make a hotel reservation, you can use the on-line booking form or contact the Secretariat for any questions

Technical Secretariat:

secretaria@controversiasbarcelona.org - Phone: + 34 934 161 220

Webinar Secretariat:

webinar@controversiasbarcelona.org - Phone: + 34 931 857 851

POSTER ABSTRACTS

For more information, visit the website.

